

The Many Voices of the SDPI: Reflections on the Past, Directions for the Future

SPECIAL DIABETES PROGRAM FOR INDIANS (SDPI)
INDIAN HEALTH SERVICE (IHS)
DIVISION OF DIABETES TREATMENT & PREVENTION (DDTP)

REGIONAL MEETINGS

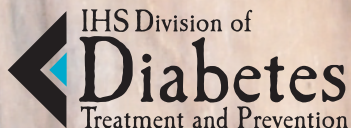
May 1-2, 2006, Atlanta, GA
July 24-25, 2006, San Francisco, CA

TRAINING INSTITUTES

May 2-5, 2006, Atlanta, GA
July 25-28, 2006, San Francisco, CA

COMPUTER TRAINING

June 26-30, 2006, Albuquerque, NM



“Your ‘Voices’, from our collective eight years of the SDPI, have generated a rich set of stories, experiences and outcomes. And they have been heard from the halls of Congress to the global diabetes community.

An important foundation for addressing chronic disease in tribal communities now exists as a result of your efforts.

Your powerful vision in the implementation of proven diabetes prevention activities and newer, more effective diabetes management strategies has also helped to create healthier communities.

So let’s gather together again to share our enduring stories and raise our VOICES to learn from, and encourage each other, in this ongoing struggle with the diabetes epidemic.”

Kelly Acton, MD, MPH

Director, IHS Division of Diabetes Treatment and Prevention

REGIONAL MEETINGS

These are for all Special Diabetes Program for Indians grantees and will start at 1 pm on Monday. Registration and poster/exhibit set-up will be available from 11:00 am, and the meeting will conclude at 11:30 am on Tuesday.

TRAINING INSTITUTES

Training is available on a variety of topics. During the 4 days, you will have an opportunity to select 2 courses from those that are offered. Courses are designed specifically for health professionals, paraprofessionals, and courses for both professionals and paraprofessionals. Each course will last a day-and-a-half. See following pages for the courses that are offered at each location.

COMPUTER TRAINING

This 5-day course describes how to use RPMS to help manage data and conduct appropriate analysis in SDPI.



REGIONAL MEETINGS

MEETING GOALS

1. Provide an opportunity for SDPI participants to come together to share, support, network, and build partnerships to improve diabetes prevention and care.
2. Increase awareness and knowledge of Best Practices for the care and prevention of type 2 diabetes in American Indian and Alaska Native (AI/AN) communities.

Share your stories...

The Monday evening Poster and Networking Session and Reception is an opportunity for you to network, share challenges and lessons learned, and celebrate your hard work and successes.

The Exhibits and Posters are for YOU!

We encourage you to bring samples of the products you have created or used to develop or enhance your diabetes programs in your communities, such as:

- ◆ Curriculum
- ◆ Program incentives (T-shirts, water bottles, etc.)
- ◆ Photos
- ◆ Audiovisuals
- ◆ Posters
- ◆ Patient education materials

The success of the poster session depends on your participation!

For more information on how you can participate in the Exhibits and Poster activities please contact:

the Hill Group
6903 Rockledge Drive, Suite 540
Bethesda, MD 20817
Ph: 301-897-2789
Fax: 301-897-9587
abownas@thehillgroup.com

PRELIMINARY AGENDA

DAY 1	MAY 1, 2006; JULY 24, 2006	
11:00 – 1:00 pm	Registration and Poster/Exhibit set-up	
1:00 – 1:30 pm	Welcome, Opening Remarks, Video Presentation: “The Many Faces of the SDPI”	Kelly Acton
1:30 – 2:15 pm	Update on SDPI	Kelly Acton
2:15 – 2:45 pm	Open Mic – Q & A	DDTP Staff
2:45 – 3:00 pm	Break	
3:00 – 4:00 pm	Using Our Wit and Wisdom to Live Well with Diabetes	Barbara Mora Bob Mora
4:00 – 4:15 pm	Activity Break	Gale Marshall
4:15 – 4:45 pm	Indian Health Diabetes Best Practices	Kelly Moore
4:45 – 5:00 pm	Closing Remarks	Kelly Acton
5:30 – 7:00 pm	Poster and Networking Session and Reception	

DAY 2	MAY 2, 2006; JULY 25, 2006	
	OBJECTIVES At the end of the presentation, the participants will: <ul style="list-style-type: none">◆ Increase their awareness and knowledge of best practices for the care and prevention of type 2 diabetes in AI/AN communities.◆ Identify the Best Practices as a way to promote evidence-based practices in their communities.	

8:00 – 9:30 am	IHS Best Practice for Diabetes – Depression Care	Anne Bullock
9:30 – 10:00 am	Break	
10:00 – 11:30 am	Concurrent Sessions	

Best Practice Sessions					
A	B	C	D	E	F
Adult Weight Management	Breastfeeding	Case Management	Youth and Diabetes	Pharmaceutical Care	Diabetes and Pregnancy

TRAINING INSTITUTES

PROFESSIONAL COURSES – These courses are for those people with the following degrees or professional licenses only: dietitians, nurses, pharmacists, physicians, physician assistants, and other degreed health professionals

- A. Clinical Diabetes Management for Professionals – Julien Naylor, MD, MPH, CDE
- B. Applied Exercise Science for Clinical Professionals – Ralph LaForge, MSc
- C. Weight Management: Mentoring a Healthy Lifestyle – Cecelia Butler, MS, RD, CDE; Theresa Kuracina, MS, RD, CDE; Wendy Sandoval, PhD, RD, CDE
- D. Motivational Interviewing to Promote Behavior Change – Bo Miller, MSW; Robert Scales, PhD
- E. Implementing Chronic Disease Care Programs in Indian Health Settings – Steve Rith-Najarian, MD; Charles Ty Reidhead, MD

PARAPROFESSIONAL COURSES – These courses are for paraprofessionals and individuals with non-health related degrees only.

- A. Diabetes 101: Diabetes Management for Paraprofessionals – Teresa Hicks, RD, CDE; Susan Matthew, MS, RN, CNS, CDE
- B. Developing Easy-to-Read Educational Materials – Audrey Riffenburgh, MS
- C. Coaching for Healthy Change – Tracy Delaney, PhD, RD

BOTH PROFESSIONAL AND PARAPROFESSIONAL COURSES

– Open enrollment for any participant

- A. Case Management – Charlton Wilson, MD
- B. Adolescent Obesity Prevention in the Hip-Hop Generation – Ivan Juzang, MBA; Arnell Hinkle, RD, MPH, CHES
- C. Health Communications Planning and Environmental Indicators for Diabetes Prevention and Community Change – Varian Brandon; Dawn Satterfield, RN, PhD; Michelle Chino, PhD
- D. Working Successfully in Culturally Diverse American Indian/Alaska Native Communities – Susan Cameron, PhD

MAY 2 – 5, 2006 TRAINING INSTITUTE - ATLANTA

MAY 2: TUESDAY

Time	Professional Course	Paraprofessional Course	Professional and Paraprofessional	Professional and Paraprofessional
1:00 – 4:30 pm	Applied Exercise Science for Clinical Professionals	Developing Easy-to-Read Educational Materials	Health Communications Planning	Adolescent Obesity Prevention

MAY 3: WEDNESDAY

Time	Professional Course	Paraprofessional Course	Professional and Paraprofessional	Professional and Paraprofessional
8:00 – 11:30 am	Applied Exercise Science for Clinical Professionals	Developing Easy-to-Read Educational Materials	Health Communications Planning	Adolescent Obesity Prevention
1:00 – 4:30 pm	Applied Exercise Science for Clinical Professionals	Developing Easy-to-Read Educational Materials	Health Communications Planning	Adolescent Obesity Prevention

MAY 4: THURSDAY

Time	Professional Course	Professional Course	Paraprofessional Course	Professional and Paraprofessional
8:00 – 11:30 am	Weight Management: Mentoring a Healthy Lifestyle	Motivational Interviewing to Promote Behavior Change	Coaching for Healthy Change	Working Successfully in Culturally Diverse AI/AN Communities
1:00 – 4:30 pm	Weight Management: Mentoring a Healthy Lifestyle	Motivational Interviewing to Promote Behavior Change	Coaching for Healthy Change	Working Successfully in Culturally Diverse AI/AN Communities

MAY 5: FRIDAY

Time	Professional Course	Professional Course	Paraprofessional Course	Professional and Paraprofessional
8:00 – 11:30 am	Weight Management: Mentoring a Healthy Lifestyle	Motivational Interviewing to Promote Behavior Change	Coaching for Healthy Change	Working Successfully in Culturally Diverse AI/AN Communities

JULY 25 – 28, 2006 TRAINING INSTITUTE – SAN FRANCISCO

JULY 25: TUESDAY

Time	Professional Course	Professional Course	Paraprofessional Course	Professional and Paraprofessional
1:00 – 4:30 pm	Clinical Diabetes Management for Professionals	Implementing Chronic Disease Care Programs	Diabetes 101: Diabetes Management for Paraprofessionals	Health Communications Planning

JULY 26: WEDNESDAY

Time	Professional Course	Professional Course	Paraprofessional Course	Professional and Paraprofessional
8:00 – 11:30 am	Clinical Diabetes Management for Professionals	Implementing Chronic Disease Care Programs	Diabetes 101: Diabetes Management for Paraprofessionals	Health Communications Planning
1:00 – 4:30 pm	Clinical Diabetes Management for Professionals	Implementing Chronic Disease Care Programs	Diabetes 101: Diabetes Management for Paraprofessionals	Health Communications Planning

JULY 27: THURSDAY

Time	Professional Course	Paraprofessional Course	Paraprofessional Course	Professional and Paraprofessional
8:00 – 11:30 am	Motivational Interviewing to Promote Behavior Change	Developing Easy-to-Read Educational Materials	Coaching for Healthy Change	Case Management
1:00 – 4:30 pm	Motivational Interviewing to Promote Behavior Change	Developing Easy-to-Read Educational Materials	Coaching for Healthy Change	Case Management

JULY 28: FRIDAY

Time	Professional Course	Paraprofessional Course	Paraprofessional Course	Professional and Paraprofessional
8:00 – 11:30 am	Motivational Interviewing to Promote Behavior Change	Developing Easy-to-Read Educational Materials	Coaching for Healthy Change	Case Management

PROFESSIONAL COURSES: TITLES, DESCRIPTIONS, AND OBJECTIVES

A. CLINICAL DIABETES MANAGEMENT FOR PROFESSIONALS

Instructor: Julien Naylor, MD, MPH, CDE

This course will assist IHS, tribal, and urban health care professionals in acquiring skills and increasing their knowledge in the areas of management of type 2 diabetes. Topics will include: pathophysiology of type 2 diabetes and insulin resistance; reduction of complications; and current pharmacotherapy regimens. Prevention interventions to reduce the risk of type 2 diabetes will be explored.

1. Discuss ADA/IHS classification of diabetes and diagnostic criteria
2. Discuss strategies to reduce cardiovascular disease risk
3. Discuss microvascular complications and steps for prevention
4. Discuss use of oral and insulin medications as therapy for diabetes management
5. Evaluate case presentations

B. APPLIED EXERCISE SCIENCE FOR CLINICAL PROFESSIONALS

Instructor: Ralph La Forge, MSC

This is a course in applied exercise science and exercise program planning for metabolic and cardiovascular disease management programs, for clinical professionals. This intensive course will provide the participants with a better understanding of applied exercise metabolism and program design fundamentals that should help improve patient physical activity options. Lecture and discussion topics will include: application of recent clinical exercise research trials; new concepts in exercise metabolism; clinical pedometry; estimating exercise energy expenditure; exercise equipment utilization; and exercise plan considerations for those with pre-diabetes, metabolic syndrome, lipid disorders, hypertension, and diabetes.

1. Understand the fundamental physiological responses – e.g. metabolic and cardiorespiratory to physical activity programs recommended in chronic disease management
2. Practical understanding of the benefits, cautions, and disease-specific responses to various modes of exercise employed in those with chronic disease, specifically pre-diabetes and diabetes
3. Knowledge of the appropriate consensus guidelines on exercise prescription for general use with appar-

ently healthy populations and appropriate modification for those at risk for pre-diabetes, diabetes, metabolic syndrome, hypertension, and obesity

4. Familiarity with recent clinical trials demonstrating the benefits and application of exercise and physical activity programs for those with pre-diabetes, diabetes, metabolic syndrome, hypertension, and obesity
5. Familiarity with resources supporting continuing professional exercise science education and exercise specialist certification programs

C. WEIGHT MANAGEMENT: MENTORING A HEALTHY LIFESTYLE

Instructors: Cecelia Butler, MS, RD, CDE

Theresa Kuracina, MS, RD, CDE

Wendy Sandoval, PhD, RD, CDE

This course will assist IHS, tribal, and urban health care professionals in updating and expanding their knowledge of recommended weight management strategies. Participants will enhance their skills in applying techniques for weight loss and maintenance of weight loss.

1. Identify and use components of the two-step process (assessment and management) for treatment of overweight and obesity
2. Compare and analyze current weight loss diets to recommended guidelines
3. Apply techniques to enhance behavior change and overcome barriers to weight loss and maintenance of weight loss
4. Interpret and use guidelines for pharmacotherapy and surgery in the treatment of overweight and obesity

D. MOTIVATIONAL INTERVIEWING TO PROMOTE BEHAVIOR CHANGE

Instructors: Joseph (Bo) Miller, MSW

Robert Scales, PhD

This course is designed to give health care professionals training in motivational counseling strategies adapted from motivational interviewing for use in clinical settings. The sessions will be interactive with the chance for participants to practice skills and strategies that are designed to motivate clients. This workshop will particularly target those who recognize the value of matching educational programs with the client's stage of motivation to change, but do not yet know how to apply this in practice.

1. Gain an increased understanding of the research and theoretical framework upon which motivational interviewing is based
2. Learn how to assess a client's motivation to change

a variety of behaviors with the purpose of designing effective interventions

3. Gain an increased appreciation of the key components of motivational interviewing
4. Practice fundamental motivational interviewing skills that can be applied to a variety of clinical settings
5. Learn and practice more advanced strategies that focus on building motivation to change specific health behaviors, addressing resistance, providing personalized feedback, and putting a plan into action

E. IMPLEMENTING CHRONIC DISEASE CARE PROGRAMS IN INDIAN HEALTH SETTINGS

Instructors: Steve Rith-Najarian, MD
Charles Ty Reidhead, MD

This course will provide an overview of the Chronic Care Model (CCM) and its application to Indian health settings. Several IHS, tribal, and urban examples, including lessons learned on implementation, will be presented. An overview of the collaborative concept with, and a discussion of, the proposed IHS Chronic Care Collaborative, will be included. A hands-on session on how to assess readiness for the CCM and/or Collaborative and how to join the proposed collaborative will be held.

1. Describe the functional interaction of the Chronic Care Model (CCM) components
2. Develop strategies for implementation of the CCM at the facility level
3. Describe the function of a collaborative and how it applies in Indian health settings

PARAPROFESSIONAL COURSES: TITLES, DESCRIPTIONS, AND OBJECTIVES

A. DIABETES 101: DIABETES MANAGEMENT FOR PARAPROFESSIONALS

Instructors: Teresa Hicks, RD, CDE
Susan Matthew, MS, RN, CNS, CDE

This course will give paraprofessionals an introduction to the management of type 2 diabetes. Topics covered will include: pathophysiology of type 2 diabetes; blood glucose monitoring; standards of care in diabetes; nutrition and physical activity in diabetes and diabetes prevention; basic foot care; diabetes emergencies; and an introduction to diabetes medication.

1. Describe what is happening in the body of a person with diabetes
2. State how and when to monitor blood glucose
3. Discuss the Standards of Care and why they exist

4. State how basic nutrition and physical activity can help in better diabetes management and prevention
5. Describe the basics for foot care, diabetes emergencies, and medications

B. DEVELOPING EASY-TO-READ EDUCATIONAL MATERIALS

Instructor: Audrey Riffenburgh, MS

This course is an introduction to creating easy-to-read educational materials for people with diabetes. Participants will learn how to plan, write, and design print materials. The skills taught in this course are basic and are taught in an easy-to-understand way. Participants will be able to apply these new skills to choose, revise, and create more effective materials.

1. Use specific planning, organizing, and writing techniques to make materials easier to read
2. Use a readability formula (done by hand) to analyze the grade level of text
3. Identify principles of graphic design and layout, essential for easy-to-read materials

C. COACHING FOR HEALTHY CHANGE

Instructor: Tracy Delaney, PhD, RD

This course is designed to help people make lifestyle changes they can really stick with. Participants can use these skills to coach others to make lifestyle changes to prevent or help control diabetes. Participants will explore coaching to help make their own communities healthier places to live.

1. Describe how people change, using the stages of change
2. Match their coaching message to the client's stage of change
3. Demonstrate goal-setting and problem solving techniques
4. Describe how communities can help promote diabetes prevention

BOTH PROFESSIONAL & PARAPROFESSIONAL COURSES: TITLES, DESCRIPTIONS, AND OBJECTIVES

A. CASE MANAGEMENT

Instructor: Charlton Wilson, MD

This course is designed to provide an overview of various models of case management and describe how case management is a critical element of successful

intervention in patients with diabetes and chronic disease. Translation of the research findings and application to practice will be discussed.

1. Describe the elements of different models of case management: acute vs. chronic disease management
 2. Describe benefits of case management in improving care to patients with diabetes (cost effectiveness, improved self-care practices, etc.)
 3. Develop a plan for utilizing and implementing one of the models of case management in their practice setting
-

B. ADOLESCENT OBESITY PREVENTION IN THE HIP-HOP GENERATION

Instructors: Ivan Juzang, MBA
Arnell Hinkle, RD, MPH, CHES

This workshop will address communication and programmatic solutions to promoting healthy eating and increased physical activity among diverse ethnic youth populations and will present information that can be immediately applied with children, teens, and their parents in real-world scenarios. Ethnic youth are more adversely affected than anyone else by obesity-related health issues. Participants will learn how to present street-credible, authentic and culturally relevant health information in a manner that promotes sustainable lifestyle changes in the context of today's hip-hop generation.

1. Discuss the latest childhood obesity trends and their impact on ethnic communities
 2. Identify how the marketing of junk food to children and youth are negatively affecting their health
 3. Explore avenues to overcome the environmental issues that decrease motivation and opportunity for increased physical activity and better nutrition among youth of color
 4. Discuss strategies for attracting the hardest-to-reach youth to healthy eating and physical activity programs and, just as important, keeping them engaged and motivated
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C. HEALTH COMMUNICATIONS PLANNING AND ENVIRONMENTAL INDICATORS FOR DIABETES PREVENTION AND COMMUNITY CHANGE

Instructors: Varian Brandon
Dawn Satterfield, RN, PhD (Atlanta)
Michelle Chino, PhD (Seattle)

This session will teach participants about 1) CDCynergy, a health communications planning tool designed for AI/AN community-based diabetes prevention programs; and 2) simple, practical community environmental indicators that can be documented for change

to support diabetes prevention. CDCynergy consists of six phases for planning health communication programs. The tool can be used for program development, program evaluation, and resource development, including grant proposals. Environmental indicators as markers for change can be part of the planning process. Examples include bottled water in vending machines instead of sugared colas, walking trails and their use, or nutritional meals served regularly in school cafeterias. Eight American Indian community programs will be described that have been funded to measure environmental indicators for diabetes prevention that focus on physical activity and nutrition.

1. Know how to use the CDCynergy CD-ROM and be familiar with all its components
 2. Become familiar with the steps to develop a health communications plan/program
 3. Name at least three environmental indicators and why they are important to diabetes prevention
 4. Describe community interventions that can impact community environments related to diabetes prevention
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D. WORKING SUCCESSFULLY IN CULTURALLY DIVERSE AMERICAN INDIAN/ALASKA NATIVE COMMUNITIES

Instructor: Susan Cameron, PhD

It is understood by health care providers in Indian Country that there is a critical need to eliminate disparities in health care for this population. However, health care providers – although with the best of intentions – discourage many American Indian/Alaska Native clients from fully participating in their own health care. This workshop is designed to increase providers' understanding of the cultural diversity among American Indian/Alaska Native communities, and how to develop successful strategies for successfully working in diverse Indian communities.

1. Understand that Native Americans are made up of diverse peoples and cultures
 2. Discuss various tribes' cultural traditions and customs that influence health care understanding, communications, and health care decisions
 3. Describe strategies for successfully working in tribal communities
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COMPUTER TRAINING

BEGINNING AND ADVANCED INFORMATION TECHNOLOGY FOR SDPI

Instructors: Theresa Cullen, MD, MS; Deborah Burkybile; Kerri Lopez;
David Taylor, MHS, RPh, PA-C, RN, CPHQ, CDE; Stephanie Klepacki;
Cindy Gebremarian, RN

This course is designed to meet the needs of professionals and paraprofessionals who work in diverse areas of American Indian/Alaska Native health care. The course provides information technology skill building through actual practice and demonstration. Participants will be provided with an introduction to the use of RPMS. This introduction will focus on the management of RPMS data and appropriate analysis for the Special Diabetes Program for Indians.

1. Discuss and review data systems and RPMS
2. Practice using the Diabetes Management System (DMS) for data analysis and audit management
3. Practice using Q-man (query tool for RPMS) and the Clinical Reporting System (CRS)
4. Learn how to use registries and case management
5. Diabetes RPMS Audit Management

JUNE 26: MONDAY

1:00 – 4:30 pm	Introduction, Quality and RPMS Overview
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JUNE 27: TUESDAY

8:30 – 12:00 pm	RPMS
1:00 – 4:30 pm	DMS

JUNE 28: WEDNESDAY

8:30 – 12:00 pm	DMS
1:00 – 4:30 pm	Q-man

JUNE 29: THURSDAY

8:30 – 12:00 pm	Q-man
1:00 – 4:30 pm	CRS

JUNE 30: FRIDAY

8:30 – 12:00 pm	iCare
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LOCATIONS & ACCOMMODATIONS

REGIONAL MEETING AND TRAINING INSTITUTE

Atlanta, May 1-5, 2006

Location & Accommodation:

THE WESTIN PEACHTREE PLAZA

210 Peachtree Street, NW

Atlanta, GA 30303

Ph: 404-659-1400

Fax: 404-589-7586

www.westin.com/peachtree

Reservations: 1-800-937-8461

Room Rate: \$115 + tax (single room);

\$135 + tax (double room)

Please quote "IHS REGIONAL MEETINGS & TRAINING INSTITUTES" to be included in the hotel room block. Please note, the room block is on a first-come-first-serve basis, so make your reservations early.

The "cut-off date" for accepting reservations into this guest room block is April 14, 2006. Reservation requests received after 5:00 pm local time at the hotel on the cut-off date, will be accepted at the hotel's prevailing rate, based on availability

REGIONAL MEETING AND TRAINING INSTITUTE

San Francisco, July 24-28, 2006

Location & Accommodation:

GRAND HYATT SAN FRANCISCO

On Union Square

345 Stockton Street

San Francisco, CA 94108-4606

Ph: 415-398-1234

Fax: 415-391-1780

www.grandsanfrancisco.hyatt.com

Reservations: 1-800-233-1234

Room Rate: \$130 + tax

Please quote "IHS REGIONAL MEETINGS & TRAINING INSTITUTES" to be included in the hotel room block. Please note, the room block is on a first-come-first-serve basis, so make your reservations early.

The "cut-off date" for accepting reservations into this guest room block is July 3, 2006. Reservation requests received after 5:00 pm local time at the hotel on the cut-off date, will be accepted at the hotel's prevailing rate, based on availability

**COMPUTER
TRAINING COURSE**

June 26 – 30, 2006

Location:

COMPUTER TRAINING ROOM
IHS Albuquerque Area Office
5300 Homestead Rd NE
Albuquerque, NM 87110

Accommodation:

HOMEWOOD SUITES BY HILTON
– ALBUQUERQUE UPTOWN
7101 Arvada Ave NE
Albuquerque, NM 87110
Ph: 505-881-7300
Fax: 505-881-0041

Room Rate: \$66 + tax

Please quote "IHS COMPUTER TRAINING" to be included in the hotel room block. Please note, the room block is on a first-come-first-serve basis, so make your reservations early.

The "cut-off date" for accepting reservations into this guest room block is May 25, 2006. Reservation requests received after 5:00 pm local time at the hotel on the cut-off date, will be accepted at the hotel's prevailing rate, based on availability

Complimentary transportation to the Computer Training from the hotel will be provided



REGISTRATION

Online Registration Please visit: www.ihs.gov/medicalprograms/diabetes

Get your name published – register **EARLY** to have your contact information printed in the onsite program.

Name _____ Degree(s) _____
(Must include if registering for Training Institute)

Title _____

Department/Division _____

Organization _____

Address _____

City _____ State/Postal Code _____

Phone _____ Fax _____

E-mail _____

☐ Please check here for special dietary needs. ☐ Please check here for disability accommodations.

☐ Visa ☐ MasterCard ☐ Check (Payable to: the Hill Group) ☐ Purchase Order

Card No. _____ Expiration Date _____

Name on Card _____ Total \$ _____

Please write legibly. One form per person.

Please fax this form to 301-897-9587, or mail original with payment to:

IHS REGIONAL MEETINGS & TRAINING INSTITUTES

c/o the Hill Group

6903 Rockledge Drive, Suite 540

Bethesda, MD 20817

Ph: 301-897-2789

Fax: 301-897-9587

(Please continue on the back)

REGISTRATION

Online Registration Please visit: www.ihs.gov/medicalprograms/diabetes

Please complete front and back of this form and fax both pages to 301-897-9587 or mail original to the Hill Group.

Name _____

Which conference will you attend?

- ☐ May 1–2: Regional Meeting - Atlanta (\$100) ☐ July 24–25: Regional Meeting - San Francisco (\$100)
- ☐ May 2–5: Training Institute - Atlanta (\$300) ☐ July 25–28: Training Institute - San Francisco (\$300)
- ☐ June 26–30: Training Institute
Computer Course - Albuquerque (\$300)

TRAINING INSTITUTES – Due to space restrictions, please choose your first and second choices for each session.

(Please check Training Institute matrix in this brochure for course dates)

PROFESSIONAL COURSES

- A. Clinical Diabetes Management for Professionals
- B. Applied Exercise Science for Clinical Professionals
- C. Weight Management: Mentoring a Healthy Lifestyle
- D. Motivational Interviewing to Promote Behavior Change
- E. Implementing Chronic Disease Care Programs in Indian Health Settings

PARAPROFESSIONAL COURSES

- A. Diabetes 101: Diabetes Management for Paraprofessionals
- B. Developing Easy-to-Read Educational Materials
- C. Coaching for Healthy Change

BOTH PROFESSIONAL AND PARAPROFESSIONAL COURSES

- A. Case Management
- B. Adolescent Obesity Prevention in the Hip-Hop Generation
- C. Health Communications Planning and Environmental Indicators for Diabetes Prevention and Community Change
- D. Working Successfully in Culturally Diverse American Indian/Alaska Native Communities

TUESDAY – WEDNESDAY

1st Choice	2nd Choice

THURSDAY – FRIDAY

1st Choice	2nd Choice

TUESDAY – WEDNESDAY

1st Choice	2nd Choice

THURSDAY – FRIDAY

1st Choice	2nd Choice

TUESDAY – WEDNESDAY

1st Choice	2nd Choice

THURSDAY – FRIDAY

1st Choice	2nd Choice

ACCREDITATION STATEMENTS:

For information on continuing education credits for specific Training Institute courses, please contact The Hill Group at (301) 897-2789.

The Indian Health Service Clinical Support Center is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.”

The Indian Health Service Clinical Support Center is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

The Indian Health Service (IHS) Nutrition and Dietetics Training Program (NDTP) is accredited by the Commission on Dietetic Registration to sponsor continuing professional education for Registered Dietitians.

To satisfy the requirement for renewal of certification by continuing education for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE List of Approved Providers or be accredited or approved by one of the national accrediting bodies listed on the NCBDE list of approved providers (www.ncbde.org). The NDTP is an Accredited Provider recognized by the Commission on Dietetic Registration (CDR). CDR is on the NCBDE List of Approved Providers.

DISCLOSURE STATEMENT:

All of the faculty for the Training Institute have indicated that they do not have any financial arrangements or affiliations with any corporate organizations that might constitute a conflict of interest with regard to this continuing education activity. In Addition they will make the audience aware of any “off label” or investigational uses described for any medications discussed. Further, when discussing specific medications, they will use generic names, and/or if they mention trade names, they will mention the trade names of similar products made by other manufacturers.

C/O THE HILL GROUP
6903 Rockledge Drive
Suite 540
Bethesda, MD 20817

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Suburban, MD

♦ The Many Voices of the SDPL: ♦
♦ Reflections on the Past, Directions ♦
♦ for the Future ♦

